

Post Extraction Instructions

1. Have the child bite on gauze for 30 minutes after leaving office.
2. No rinsing or spitting for 30 minutes after leaving the office (swallow saliva).
3. Additional gauze is provided. If bleeding begins again, have the child bite on another piece of gauze for 20 minutes.
4. Keep activity levels low. No swimming, running, or contact sports for 24 hours.
5. Avoid sucking for 24 hours. This includes pacifiers, bottles, straws, and sippy cups.
6. Tomorrow, your child may gently rinse with warm salt water (1/4 teaspoon in a warm glass of water)
7. In most cases, antibiotics are not necessary. However, if swelling, pus, or fever develops, contact our office for a follow-up appointment.
8. Resume brushing tonight but clean area of extraction site very gently for 3-4 days. Wipe around the extraction site with moist cotton, wash cloth, or gauze.
9. If your child had an infection or swelling, it is likely the socket will drain. If so, your child may drool or ooze bloody saliva for up to twenty-four hours. Place a towel over any sheets to avoid stains and do not be alarmed if there is a red ring on the pillow when your child awakes.
10. Any concerns or questions, contact our office at the number provided on this sheet.